

What is claimed is:

- 1) A ready-to-eat food having, at a 60% confidence level, a lower taste value greater than
5 -6.00; a water activity of less than 0.90; and comprising, on a 30 gram basis:
 - a.) at least 5 grams of an amino acid source;
 - 6 b.) less than 3 grams of a digestible fat; and
 - c.) a carbohydrate that at least about 2.5 grams of dietary fiber.
- 10 2) The ready-to-eat food of Claim 1 having a water activity of less than 0.85 and comprising an
adjunct ingredient.

7 3.) The ready-to-eat food of Claim 1 having a lower taste value that is greater than 1.64 and an upper
taste value of less than 39.45; and comprising, on a 30 gram basis:
 - 15 a.) from 5 grams to 10 grams of an amino acid source; and
 - b.) from about 2.5 grams to about 5.0 grams of dietary fiber.
- 4.) The ready-to-eat food of Claim 3 wherein said food is a filled cracker, filled extruded snack,
enrobed extruded snack, bar, filled bar, cracker, spread, cookie, snack crisp, brownie or potato crisp.
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- 5.) The ready-to-eat food of Claim 1 wherein said amino acid and fiber sources are at least 75%
active; and said fiber is selected from the group consisting of soluble fiber having a viscosity of from 1 to 2
centipoise for a 10% solution at 25°C, insoluble fiber having a particle size of less than 150 microns and a
water absorption less than 7.0 grams per gram of fiber, and mixtures thereof.
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- 6.) The ready-to-eat food of Claim 1 having an amino acid score from 0.60 to 1.00.
- 7.) The ready-to-eat food of Claim 1 comprising less than 2 grams of digestible saturated fat.
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- 8.) The ready-to-eat food of Claim 7 comprising less than 2/3 of a gram of digestible saturated fat.
- 9.) The ready-to-eat food of Claim 1 comprising a material selected from the group consisting of non-
digestible lipids, partially digestible lipids, and mixtures thereof.

10.) The ready-to-eat food of Claim 1 comprising a material selected from the group consisting of arabinogalactan fiber, beta-glucan soluble fiber, and mixtures thereof.

11.) The ready-to-eat food of Claim 1 comprising fluoride; sodium; potassium; and, on a 30 gram basis, from about 10% to about 100% of the U.S. RDI of the vitamins A, D, E, K, C, thiamin, riboflavin, niacin, vitamin B₆, folate, vitamin B₁₂, biotin, and pantothenic acid, and from about 10% to about 100% of the U.S. RDI of the minerals calcium, phosphorus, magnesium, iron, zinc, iodine, selenium, copper, manganese, chromium, molybdenum, and chloride.

10 12.) The ready-to-eat food of Claim 1 wherein said food is a filled cracker, filled extruded snack, enrobed extruded snack, bar, filled bar, cracker, spread, cookie, snack crisp, brownie or potato crisp.

13.) The ready-to-eat food of Claim 1 having, at a 70% confidence level, a lower taste value that is greater than -6.00.

15 14.) The ready-to-eat food of Claim 13 having a water activity of less than 0.85 and comprising an adjunct ingredient.

15.) The ready-to-eat food of Claim 13 having a lower taste value that is greater than 2.25 and an upper taste value of less than 40.28; and comprising, on a 30 gram basis:

16.) The ready-to-eat food of Claim 15 wherein said food is a filled cracker, filled extruded snack, enrobed extruded snack, bar, filled bar, cracker, spread, cookie, snack crisp, brownie or potato crisp.

17.) The ready-to-eat food of Claim 13 wherein said amino acid and fiber sources are at least 75% active; and said fiber is selected from the group consisting of soluble fiber having a viscosity of from 1 to 2 centipoise for a 10% solution at 25°C, insoluble fiber having a particle size of less than 150 microns and a water absorption less than 7.0 grams per gram of fiber, and mixtures thereof.

18.) The ready-to-eat food of Claim 13 having an amino acid score from 0.60 to 1.00.

19.) The ready-to-eat food of Claim 13 comprising less than 2 grams of digestible saturated fat.

20.) The ready-to-eat food of Claim 19 comprising less than 2/3 a gram of digestible saturated fat.

21.) The ready-to-eat food of Claim 13 comprising a material selected from the group consisting of non-digestible lipids, partially digestible lipids, and mixtures thereof.

5 22.) The ready-to-eat food of Claim 13 comprising a material selected from the group consisting of arabinogalactan fiber, beta-glucan soluble fiber, and mixtures thereof.

23.) The ready-to-eat food of Claim 13 comprising fluoride; sodium; potassium; and, on a 30 gram basis, from about 10% to about 100% of the U.S. RDI of the vitamins A, D, E, K, C, thiamin, riboflavin, niacin, vitamin B₆, folate, vitamin B₁₂, biotin, and pantothenic acid, and from about 10% to about 100% of the U.S. RDI of the minerals calcium, phosphorus, magnesium, iron, zinc, iodine, selenium, copper, manganese, chromium, molybdenum, and chloride.

10 15 24.) The ready-to-eat food of Claim 13 wherein said food is a filled cracker, filled extruded snack, enrobed extruded snack, bar, filled bar, cracker, spread, cookie, snack crisp, brownie or potato crisp.

20 25.) The ready-to-eat food of Claim 1 having, at an 80% confidence level, a lower taste value that is greater than -6.00.

26.) The ready-to-eat food of Claim 25 having a water activity of less than 0.85 and comprising an adjunct ingredient.

27.) The ready-to-eat food of Claim 25 having a lower taste value that is greater than 3.09 and an upper taste value of less than 41.33; and comprising, on a 30 gram basis:

25 30 a.) from 5 grams to 10 grams of an amino acid source; and
b.) from about 2.5 grams to about 5.0 grams of dietary fiber.

28.) The ready-to-eat food of Claim 27 wherein said food is a filled cracker, filled extruded snack, enrobed extruded snack, bar, filled bar, cracker, spread, cookie, snack crisp, brownie or potato crisp.

35 29.) The ready-to-eat food of Claim 25 wherein said amino acid and fiber sources are at least 75% active; and said fiber is selected from the group consisting of soluble fiber having a viscosity of from 1 to 2 centipoise for a 10% solution at 25°C, insoluble fiber having a particle size of less than 150 microns and a water absorption less than 7.0 grams per gram of fiber, and mixtures thereof.

30.) The ready-to-eat food of Claim 25 having an amino acid score from 0.60 to 1.00.

31.) The ready-to-eat food of Claim 25 comprising less than 2 grams of digestible saturated fat.

5 32.) The ready-to-eat food of Claim 31 comprising less than 2/3 a gram of digestible saturated fat.

33.) The ready-to-eat food of Claim 25 comprising a material selected from the group consisting of non-digestible lipids, partially digestible lipids, and mixtures thereof.

10 34.) The ready-to-eat food of Claim 25 comprising a material selected from the group consisting of arabinogalactan fiber, beta-glucan soluble fiber, and mixtures thereof.

15 35.) The ready-to-eat food of Claim 25 comprising fluoride; sodium; potassium; and, on a 30 gram basis, from about 10% to about 100% of the U.S. RDI of the vitamins A, D, E, K, C, thiamin, riboflavin, niacin, vitamin B₆, folate, vitamin B₁₂, biotin, and pantothenic acid, and from about 10% to about 100% of the U.S. RDI of the minerals calcium, phosphorus, magnesium, iron, zinc, iodine, selenium, copper, manganese, chromium, molybdenum, and chloride.

20 36.) The ready-to-eat food of Claim 25 wherein said food is a filled cracker, filled extruded snack, enrobed extruded snack, bar, filled bar, cracker, spread, cookie, snack crisp, brownie or potato crisp.

37.) The ready-to-eat food of Claim 1 having, at a 90% confidence level, a lower taste value that is greater than -6.00.

25 38.) The ready-to-eat food of Claim 37 having a water activity of less than 0.85 and comprising an adjunct ingredient.

30 39.) The ready-to-eat food of Claim 37 having a lower taste value that is greater than 4.15 and an upper taste value of less than 42.89; and comprising, on a 30 gram basis:

- a.) from 5 grams to 10 grams of an amino acid source; and
- b.) from about 2.5 grams to about 5.0 grams of dietary fiber.

35 40.) The ready-to-eat food of Claim 39 wherein said food is a filled cracker, filled extruded snack, enrobed extruded snack, bar, filled bar, cracker, spread, cookie, snack crisp, brownie or potato crisp.

41.) The ready-to-eat food of Claim 37 wherein said amino acid and fiber sources are at least 75% active; and said fiber is selected from the group consisting of soluble fiber having a viscosity of from 1 to 2 centipoise for a 10% solution at 25°C, insoluble fiber having a particle size of less than 150 microns and a water absorption less than 7.0 grams per gram of fiber, and mixtures thereof.

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42.) The ready-to-eat food of Claim 37 having an amino acid score from 0.60 to 1.00.

43.) The ready-to-eat food of Claim 37 comprising less than 2 grams of digestible saturated fat.

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44.) The ready-to-eat food of Claim 43 comprising less than 2/3 a gram of digestible saturated fat.

45.) The ready-to-eat food of Claim 37 comprising a material selected from the group consisting of non-digestible lipids, partially digestible lipids, and mixtures thereof.

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46.) The ready-to-eat food of Claim 37 comprising a material selected from the group consisting of arabinogalactan fiber, beta-glucan soluble fiber, and mixtures thereof.

47.) The ready-to-eat food of Claim 37 comprising fluoride; sodium; potassium; and, on a 30 gram basis, from about 10% to about 100% of the U.S. RDI of the vitamins A, D, E, K, C, thiamin, riboflavin, niacin, vitamin B₆, folate, vitamin B₁₂, biotin, and pantothenic acid, and from about 10% to about 100% of the U.S. RDI of the minerals calcium, phosphorus, magnesium, iron, zinc, iodine, selenium, copper, manganese, chromium, molybdenum, and chloride.

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48.) The ready-to-eat food of Claim 37 wherein said food is a filled cracker, filled extruded snack, enrobed extruded snack, bar, filled bar, cracker, spread, cookie, snack crisp, brownie or potato crisp.

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49.) The ready-to-eat food of Claim 1 having, at a 95% confidence level, a lower taste value that is greater than -6.00.

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50.) The ready-to-eat food of Claim 49 having a water activity of less than 0.85 and comprising an adjunct ingredient.

51.) The ready-to-eat food of Claim 49 having a lower taste value that is greater than 5.14 and an upper taste value of less than 44.26; and comprising, on a 30 gram basis:

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a.) from 5 grams to 10 grams of an amino acid source; and

b.) from about 2.5 grams to about 5.0 grams of dietary fiber.

52.) The ready-to-eat food of Claim 51 wherein said food is a filled cracker, filled extruded snack, enrobed extruded snack, bar, filled bar, cracker, spread, cookie, snack crisp, brownie or potato crisp.

5 53.) The ready-to-eat food of Claim 49 wherein said amino acid and fiber sources are at least 75% active; and said fiber is selected from the group consisting of soluble fiber having a viscosity of from 1 to 2 centipoise for a 10% solution at 25°C, insoluble fiber having a particle size of less than 150 microns and a water absorption less than 7.0 grams per gram of fiber, and mixtures thereof.

10 54.) The ready-to-eat food of Claim 49 having an amino acid score from 0.60 to 1.00.

55.) The ready-to-eat food of Claim 49 comprising less than 2 grams of digestible saturated fat.

15 56.) The ready-to-eat food of Claim 55 comprising less than 2/3 a gram of digestible saturated fat.

57.) The ready-to-eat food of Claim 49 comprising a material selected from the group consisting of non-digestible lipids, partially digestible lipids, and mixtures thereof.

20 58.) The ready-to-eat food of Claim 49 comprising a material selected from the group consisting of arabinogalactan fiber, beta-glucan soluble fiber, and mixtures thereof.

59.) The ready-to-eat food of Claim 49 comprising fluoride; sodium; potassium; and, on a 30 gram basis, from about 10% to about 100% of the U.S. RDI of the vitamins A, D, E, K, C, thiamin, riboflavin, 25 niacin, vitamin B₆, folate, vitamin B₁₂, biotin, and pantothenic acid, and from about 10% to about 100% of the U.S. RDI of the minerals calcium, phosphorus, magnesium, iron, zinc, iodine, selenium, copper, manganese, chromium, molybdenum, and chloride.

30 60.) The ready-to-eat food of Claim 49 wherein said food is a filled cracker, filled extruded snack, enrobed extruded snack, bar, filled bar, cracker, spread, cookie, snack crisp, brownie or potato crisp.

61.) The ready-to-eat food of Claim 1 having, at a 99% confidence level, a lower taste value that is greater than -6.00.

35 62.) The ready-to-eat food of Claim 61 having a water activity of less than 0.85 and comprising an adjunct ingredient.

63.) The ready-to-eat food of Claim 61 having a lower taste value that is greater than 7.09 and an upper taste value of less than 46.96; and comprising, on a 30 gram basis:

5 a.) from 5 grams to 10 grams of an amino acid source; and

 b.) from about 2.5 grams to about 5.0 grams of dietary fiber.

64.) The ready-to-eat food of Claim 63 wherein said food is a filled cracker, filled extruded snack, enrobed extruded snack, bar, filled bar, cracker, spread, cookie, snack crisp, brownie or potato crisp.

10 65.) The ready-to-eat food of Claim 61 wherein said amino acid and fiber sources are at least 75% active; and said fiber is selected from the group consisting of soluble fiber having a viscosity of from 1 to 2 centipoise for a 10% solution at 25°C, insoluble fiber having a particle size of less than 150 microns and a water absorption less than 7.0 grams per gram of fiber, and mixtures thereof.

15 66.) The ready-to-eat food of Claim 61 having an amino acid score from 0.60 to 1.00.

 67.) The ready-to-eat food of Claim 61 comprising less than 2 grams of digestible saturated fat.

 68.) The ready-to-eat food of Claim 67 comprising less than 2/3 a gram of digestible saturated fat.

20 69.) The ready-to-eat food of Claim 61 comprising a material selected from the group consisting of non-digestible lipids, partially digestible lipids, and mixtures thereof.

 70.) The ready-to-eat food of Claim 61 comprising a material selected from the group consisting of arabinogalactan fiber, beta-glucan soluble fiber, and mixtures thereof.

 71.) The ready-to-eat food of Claim 61 comprising fluoride; sodium; potassium; and, on a 30 gram basis, from about 10% to about 100% of the U.S. RDI of the vitamins A, D, E, K, C, thiamin, riboflavin, niacin, vitamin B₆, folate, vitamin B₁₂, biotin, and pantothenic acid, and from about 10% to about 100% of the U.S. RDI of the minerals calcium, phosphorus, magnesium, iron, zinc, iodine, selenium, copper, manganese, chromium, molybdenum, and chloride.

 72.) The ready-to-eat food of Claim 61 wherein said food is a filled cracker, filled extruded snack, enrobed extruded snack, bar, filled bar, cracker, spread, cookie, snack crisp, brownie or potato crisp.

73.) A ready-to-eat food having, at a 60% confidence level, a lower taste value greater than 22.50; a water activity of less than 0.90; and comprising, on a 40 gram basis:

- a.) at least 5 grams of an amino acid source;
- b.) less than 3 grams of a digestible fat; and
- c.) a carbohydrate that provides at least about 2.5 grams of dietary fiber.

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74.) The ready-to-eat food of Claim 73 having a water activity of less than 0.85 and comprising an adjunct ingredient.

10 75.) The ready-to-eat food of Claim 73 having a lower taste value that is greater than 23.84 and an upper taste value of less than 39.45; and comprising, on a 40 gram basis:

- a.) from 5 grams to 13 grams of an amino acid source; and
- b.) from about 2.5 grams to about 6.5 grams of dietary fiber.

15 76.) The ready-to-eat food of Claim 73 wherein said amino acid and fiber sources are at least 75% active; and said fiber is selected from the group consisting of soluble fiber having a viscosity of from 1 to 2 centipoise for a 10% solution at 25°C, insoluble fiber having a particle size of less than 150 microns and a water absorption less than 7.0 grams per gram of fiber, and mixtures thereof.

20 77.) The ready-to-eat food of Claim 73 having an amino acid score from 0.60 to 1.00.

78.) The ready-to-eat food of Claim 73 comprising less than 2 grams of digestible saturated fat.

25 79.) The ready-to-eat food of Claim 78 comprising less than 2/3 of a gram of digestible saturated fat.

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80.) The ready-to-eat food of Claim 73 comprising a material selected from the group consisting of non-digestible lipids, partially digestible lipids, and mixtures thereof.

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81.) The ready-to-eat food of Claim 73 comprising a material selected from the group consisting of arabinogalactan fiber, beta-glucan soluble fiber, and mixtures thereof.

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82.) The ready-to-eat food of Claim 73 comprising fluoride; sodium; potassium; and, on a 30 gram basis, from about 10% to about 100% of the U.S. RDI of the vitamins A, D, E, K, C, thiamin, riboflavin, niacin, vitamin B₆, folate, vitamin B₁₂, biotin, and pantothenic acid, and from about 10% to about 100% of the U.S. RDI of the minerals calcium, phosphorus, magnesium, iron, zinc, iodine, selenium, copper, manganese, chromium, molybdenum, and chloride.

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83.) The ready-to-eat food of Claim 73 having, at an 80% confidence level, a lower taste value that is greater than 25.18.

5 84.) The ready-to-eat food of Claim 83 having a water activity of less than 0.85 and comprising an adjunct ingredient.

85.) The ready-to-eat food of Claim 83 having a lower taste value that is greater than 25.18 and an upper taste value of less than 41.33; and comprising, on a 40 gram basis:

10 a.) from 5 grams to 13 grams of an amino acid source; and
b.) from about 2.5 grams to about 6.5 grams of dietary fiber.

86.) The ready-to-eat food of Claim 83 wherein said amino acid and fiber sources are at least 75% active; and said fiber is selected from the group consisting of soluble fiber having a viscosity of from 1 to 2 centipoise for a 10% solution at 25°C, insoluble fiber having a particle size of less than 150 microns and a water absorption less than 7.0 grams per gram of fiber, and mixtures thereof.

87.) The ready-to-eat food of Claim 83 having an amino acid score from 0.60 to 1.00.

20 88.) The ready-to-eat food of Claim 83 comprising less than 2 grams of digestible saturated fat.

89.) The ready-to-eat food of Claim 88 comprising less than 2/3 a gram of digestible saturated fat.

90.) The ready-to-eat food of Claim 83 comprising a material selected from the group consisting of 25 non-digestible lipids, partially digestible lipids, and mixtures thereof.

91.) The ready-to-eat food of Claim 83 comprising a material selected from the group consisting of arabinogalactan fiber, beta-glucan soluble fiber, and mixtures thereof.

30 92.) The ready-to-eat food of Claim 83 comprising fluoride; sodium; potassium; and, on a 30 gram basis, from about 10% to about 100% of the U.S. RDI of the vitamins A, D, E, K, C, thiamin, riboflavin, niacin, vitamin B₆, folate, vitamin B₁₂, biotin, and pantothenic acid, and from about 10% to about 100% of the U.S. RDI of the minerals calcium, phosphorus, magnesium, iron, zinc, iodine, selenium, copper, manganese, chromium, molybdenum, and chloride.

93.) The ready-to-eat food of Claim 73 having, at a 90% confidence level, a lower taste value that is greater than 26.28.

94.) The ready-to-eat food of Claim 93 having a water activity of less than 0.85 and comprising an adjunct ingredient.

95.) The ready-to-eat food of Claim 93 having a lower taste value that is greater than 26.28 and an upper taste value of less than 42.89; and comprising, on a 40 gram basis:

10 a.) from 5 grams to 13 grams of an amino acid source; and

b.) from about 2.5 grams to about 6.5 grams of dietary fiber.

96.) The ready-to-eat food of Claim 93 wherein said amino acid and fiber sources are at least 75% active; and said fiber is selected from the group consisting of soluble fiber having a viscosity of from 1 to 2 centipoise for a 10% solution at 25°C, insoluble fiber having a particle size of less than 150 microns and a water absorption less than 7.0 grams per gram of fiber, and mixtures thereof.

97.) The ready-to-eat food of Claim 93 having an amino acid score from 0.60 to 1.00.

98.) The ready-to-eat food of Claim 93 comprising less than 2 grams of digestible saturated fat.

20 99.) The ready-to-eat food of Claim 98 comprising less than 2/3 a gram of digestible saturated fat.

100.) The ready-to-eat food of Claim 93 comprising a material selected from the group consisting of non-digestible lipids, partially digestible lipids, and mixtures thereof.

25 101.) The ready-to-eat food of Claim 93 comprising a material selected from the group consisting of arabinogalactan fiber, beta-glucan soluble fiber, and mixtures thereof.

102.) The ready-to-eat food of Claim 93 comprising fluoride; sodium; potassium; and, on a 30 gram basis, from about 10% to about 100% of the U.S. RDI of the vitamins A, D, E, K, C, thiamin, riboflavin, niacin, vitamin B₆, folate, vitamin B₁₂, biotin, and pantothenic acid, and from about 10% to about 100% of the U.S. RDI of the minerals calcium, phosphorus, magnesium, iron, zinc, iodine, selenium, copper, manganese, chromium, molybdenum, and chloride.

35 103.) The ready-to-eat food of Claim 73 having, at a 99% confidence level, a lower taste value that is greater than 29.14.

104.) The ready-to-eat food of Claim 103 having a water activity of less than 0.85 and comprising an adjunct ingredient.

5 105.) The ready-to-eat food of Claim 103 having a lower taste value that is greater than 29.14 and an upper taste value of less than 46.96; and comprising, on a 40 gram basis:

- a.) from 5 grams to 13 grams of an amino acid source; and
- b.) from about 2.5 grams to about 6.5 grams of dietary fiber.

10 106.) The ready-to-eat food of Claim 103 wherein said amino acid and fiber sources are at least 75% active; and said fiber is selected from the group consisting of soluble fiber having a viscosity of from 1 to 2 centipoise for a 10% solution at 25°C, insoluble fiber having a particle size of less than 150 microns and a water absorption less than 7.0 grams per gram of fiber, and mixtures thereof.

15 107.) The ready-to-eat food of Claim 103 having an amino acid score from 0.60 to 1.00.

108.) The ready-to-eat food of Claim 103 comprising less than 2 grams of digestible saturated fat.

109.) The ready-to-eat food of Claim 108 comprising less than 2/3 a gram of digestible saturated fat.

20 110.) The ready-to-eat food of Claim 103 comprising a material selected from the group consisting of non-digestible lipids, partially digestible lipids, and mixtures thereof.

111.) The ready-to-eat food of Claim 103 comprising a material selected from the group consisting of arabinogalactan fiber, beta-glucan soluble fiber, and mixtures thereof.

25 112.) The ready-to-eat food of Claim 103, comprising fluoride; sodium; potassium; and, on a 30 gram basis, from about 10% to about 100% of the U.S. RDI of the vitamins A, D, E, K, C, thiamin, riboflavin, niacin, vitamin B₆, folate, vitamin B₁₂, biotin, and pantothenic acid, and from about 10% to about 100% of the U.S. RDI of the minerals calcium, phosphorus, magnesium, iron, zinc, iodine, selenium, copper, manganese, chromium, molybdenum, and chloride.

30 113.) A ready-to-eat food, wherein said food is a filled cracker, filled extruded snack, enrobed extruded snack, cracker, cookie, snack crisp, brownie or potato crisp having, at a 60% confidence level, a lower taste value greater than -9.00; a water activity of less than 0.90; and comprising, on a 40 gram basis:

- a.) at least 5 grams of an amino acid source;
- b.) less than 3 grams of a digestible fat; and
- c.) a carbohydrate that provides at least about 2.5 grams of dietary fiber.

5 114.) The ready-to-eat food of Claim 113 having a lower taste value that is greater than 1.64 and an upper taste value of less than 39.45; and comprising, on a 40 gram basis:

- a.) from 5 grams to 13 grams of an amino acid source; and
- b.) from about 2.5 grams to about 6.5 grams of dietary fiber.

10 115.) The ready-to-eat food of Claim 113 having, at a 70% confidence level, a lower taste value greater than -9.00.

116.) The ready-to-eat food of Claim 115 having a lower taste value that is greater than 2.25 and an upper taste value of less than 40.28; and comprising, on a 40 gram basis:

15 a.) from 5 grams to 13 grams of an amino acid source; and

b.) from about 2.5 grams to about 6.5 grams of dietary fiber.

117.) The ready-to-eat filled food of Claim 113 having, at an 80% confidence level, a lower taste value greater than -9.00.

20 118.) The ready-to-eat food of Claim 117 having a lower taste value that is greater than 3.09 and an upper taste value of less than 41.33; and comprising, on a 40 gram basis:

- a.) from 5 grams to 13 grams of an amino acid source; and
- b.) from about 2.5 grams to about 5.0 grams of dietary fiber.

25 119.) The ready-to-eat food of Claim 113 having, at a 90% confidence level, a lower taste value greater than -9.00.

120.) The ready-to-eat food of Claim 119 having a lower taste value that is greater than 4.15 and an upper taste value of less than 42.89; and comprising, on a 40 gram basis:

30 a.) from 5 grams to 13 grams of an amino acid source; and

b.) from about 2.5 grams to about 6.5 grams of dietary fiber.

121.) The ready-to-eat food of Claim 113 having, at a 95% confidence level, a lower taste value greater than -9.00.

122.) The ready-to-eat food of Claim 121 having a lower taste value that is greater than 5.14 and an upper taste value of less than 44.26; and comprising, on a 40 gram basis:

- a.) from 5 grams to 13 grams of an amino acid source; and
- b.) from about 2.5 grams to about 6.5 grams of dietary fiber.

123.) The ready-to-eat to eat food of Claim 113 having, at a 99% confidence level, a lower taste value greater than -9.00.

124.) The ready-to-eat food of Claim 123 having a lower taste value that is greater than 7.09 and an upper taste value of less than 46.96; and comprising, on a 40 gram basis:

- a.) from 5 grams to 13 grams of an amino acid source; and
- b.) from about 2.5 grams to about 6.5 grams of dietary fiber.